



COURSE LAPS

Short Lap - A>B>C>D

Long Lap - A>E>B>C>D

Relay Trial Loop - A>C>D

COURSE DETAILS

Senior Men & Women Relay Trial - 1 Relay Trial Loop, plus Start & Finish Straights

U11 Girls & Boys - 1 Short Lap, plus Start & Finish Straights

U13 Girls & Boys - 1 Long Lap, plus Start & Finish Straights

U15 Girls & Boys - 1 Long Lap, plus Start & Finish Straights

U17 / U20 Women - 1 Short Lap & 1 Long Lap, plus Start & Finish Straights

U17 / U20 Men - 1 Short Lap & 1 Long Lap, plus Start & Finish Straights

Senior Women - 3 Long Laps, plus Start & Finish Straights

U23 Women - 2 Long Laps, plus Start & Finish Straights

Senior Men - 3 Long Laps, plus Start & Finish Straights

U23 Men - 2 Long Laps, plus Start & Finish Straights

